



## RCMP VETERANS' ASSOCIATION VANCOUVER DIVISION

WEBSITE: <http://www.rcmpveteransvancouver.com/>

DECEMBER 2020

### **DIVISION PRESIDENT'S MESSAGE:**



This is my last message as your President. I will be turning over the gavel to Gord Cave as of the first of January. Hopefully we will be able to arrange a small ceremony to accomplish this given the current Covid restrictions.

I would like to thank the Executive for their support over the past two years. I would also like to thank every member of this Division for the support that you have shown over the past two years.

This past year has, most likely, been the most difficult that we have faced. With the Pandemic affecting some of our members and taking a few. It was hard to make the decision to shut down the Honour Guards for the funeral of our members. It was however the only decision that could be made to ensure our Honour Guard members safety.

The last thing on my bucket list is to see the RCMP Members Memorial Society brought into the fold of the RCMP Veterans Association. For those who do not know who the RCMP Members Memorial Society is, let me explain. A group of RCMP Members, led by Hugh Stewart created a Society to raise funds for a Memorial at "E" Division HQ. Our own Ric Hall was on this original committee as well as many others. They secured a Tax number and were able to give tax deductible receipts to people who wished to donate. The end result is the statue in front of the "E" Division HQ along with the Memorial Wall. Now that the project is complete, there are funds that are left over. The society approached our Division Executive a number of years ago asking if they could transfer the remaining funds to our Division "IN TRUST". The purpose of this is to ensure that there are sufficient funds to pay for the maintenance of the Memorial as well as pay for any further maple leaves should any other members be lost in the line of duty. Your Executive supports this initiative, and we are working to set up a Trust Account at the bank to handle these funds. These funds will be protected to prevent them from being used for any other purpose than those stated above.

Finally, I want to wish Gord Cave every success in taking over the helm of the Division. I will be around as the immediate Past President to assist in any way possible/required.

Bob Underhill, President  
RCMP Veterans' Association, Vancouver Division

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### **MESSAGE FROM THE PRESIDENT-ELECT:**



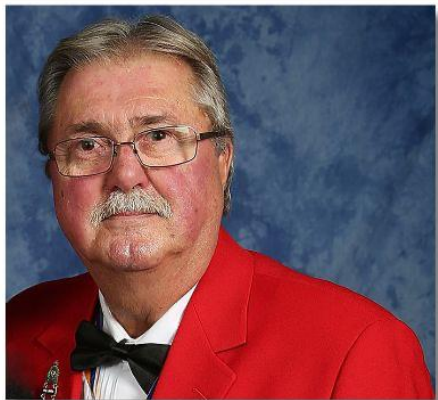
Good day to you all. I wish you the peace of the season and my hopes of health and happiness for the coming new year.

I face this new time with a bit of trepidation as the soon to be installed President of Vancouver Division. I don't pretend to have any particular skill for this task but I am willing. I believe even my biggest detractors would not be able to say that I don't try. I did not seek this position but will do my best to fulfill its duties on all our behalf. We all recognize the many things that have made the RCMP a worldwide symbol, and we particularly know the "family" of the Force. I have known and dwelt secure in that family as early as I can recall. Like any family we have had our struggles and our disagreements, but at the end of the day we are there for each other. It is in honour of, and in support of, that spirit that I dedicate my service as Vancouver Divisions newly appointed president.

Gord Cave, President Elect  
Vancouver Division

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### **CONTACTING NATIONAL PRESIDENT:**



The following message was sent to Association members by our National Office:

*Dear Members of the Association,*

*As you may imagine there is a great deal of email traffic that is sent to President Glenn at both his Association email address and his personal address.*

*This situation makes it difficult for Sandy to keep track of what is going on in each account and also makes record keeping for the Association difficult.*

*We would therefore ask/implore all members that if you wish to contact Sandy please use his Association email*

address: [association.president@rcmpva.org](mailto:association.president@rcmpva.org)

*Maintaining continuity of our records is vitally important and your help will assist us greatly in this task.*

*James Forrest, Director of Communications*

## **APPOINTMENT OF NEW NATIONAL DIRECTOR:**



The RCMPVA National Office announced the following appointment. Garry served in "E" Division for a number of years.

*The Board of Directors is most pleased to announce the appointment of Deputy Commissioner Garry Loeppky (rtd) of Shuswap Division to the Board. Garry was elected by an affirmative virtual vote of all the Board members on November 27th., 2020. His appointment will be subject to confirmation through our normal virtual voting system in relation to the 2021 virtual AGM.*

*Garry will be replacing Director George Lensen who has resigned. The Board will be acknowledging George's resignation at the BoD meeting being held on December 16th., 2020.*

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## **VANCOUVER DIVISION:**

Merry Christmas and Happy New Year to all.



With the Provincial Health Orders currently in place, the holidays will be celebrated much differently this year. Considering what a year 2020 has been, there will not be much regret when we flip the calendar to a new year.

We were forced to cancel our General Meetings and the annual Levee as well as suspend the Honour Guard. We are hopefully that with vaccinations on the horizon, we will be able to resume our activities sometime in the coming year. Stay safe and stay healthy.

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### **DIRECTOR OF HEALTH & WELFARE - ADVOCACY:**

John Sherstone, the Vancouver Division Director of Health, Welfare and Advocacy, continues to provide support and assistance, upon request, to the families of members who have passed. John can be contacted at [sherst01@telus.net](mailto:sherst01@telus.net). John's important message from our November newsletter ([CLICK HERE FOR A COPY](#)) is being reposted below:

Copies of the referenced documents were attached to the November newsletter distribution email. These documents as well as other useful information can also be accessed in the "**UPDATES TO BOOKLETS AND GUIDES:**" section of this newsletter, as well:

Royal Canadian Mounted Police  
Veterans' Association – Vancouver  
Division  
Mailstop #1004  
14200 Green Timbers Way  
Surrey BC V3T 6P3



Vancouver Division

[www.rcmpveteransvancouver.com](http://www.rcmpveteransvancouver.com)

The attached [PDF documents # 1 # 2](#) which were distributed with the November newsletter for the information of all the members and their families. There have been several instances where a member has passed away and the family is left with [no information](#) regarding his/her benefits, pensions and other necessary material. In some cases, the spouse/partner is no longer capable of accessing this information, due to ill health or age. In these circumstances, it becomes most difficult for those who are left to deal with the estate to follow up with benefits, taxes and other requirements.

You may or may not chose to complete this document (#2) as a reference for your spouse/partner or any particular designated member of your family. This is only a suggestion as sometimes circumstances dictate problems that we do not anticipate.

**EXAMPLE:** Member in good health and spouse/partner in Care facility in poor health. Member is handling all finances, banking, day to day operations of residence. Member has a stroke, incapacitated or unfortunately passes away and family is now left to sort out the estate, pensions, follow up care for spouse/partner. Unless you have account numbers, policy information, contact #'s, these institutions are never ready to provide you with any of this information. In some cases, Financial institution will not even acknowledge that there was an account with them. Of course, "Power of Attorney" covers these issues, if the information is readily available.



The information document is provided to complete as a guide and suggestion only to do as you wish.

*John Sherstone*

**John Sherstone**

Director – Health & Welfare- Advocacy  
Royal Canadian Mounted Police Veterans' Association  
Vancouver Division

Tel: 604-315-4199

e-mail: [jsherstone@gmail.com](mailto:jsherstone@gmail.com)

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**APPEAL ON BEHALF OF AN EX-MEMBER'S SON:**



Vancouver Division Life Member, Bill Craig has requested that the following message be circulated to our membership:

My Son -in-Law is Al Dodson who married my daughter, Kathy. Al worked in E Div. and while in Langley was the victim of a drunk driver who went through a stop sign and T boned Al's PC and severely damaged his hip area. He was eventually granted a medical discharge. He did not join the Vets because he became allergic to anything which had flour in it and he could not eat the meals at the meetings. Al's son, Geoff is married and has a wife and three young daughters. He lives in Abbotsford and is an employee of Telus. He has very recently been diagnosed with a rare type of cancer that has no cure available in Canada or the USA.

One of his sisters has set up a Go Fund me site seeking donations because he will likely have to go to Germany where the only known treatment is available. The estimated cost of doing this is not covered by our health service and is estimated to be \$100,000.00. More info is contained in the Go Fund Me material.

My reason for this enquiry is to request that the information contained in the Go Fund Me be circulated to the Vets membership in the event any who knew Al Dodson would be able to help. The link to the GoFundMe site can be accessed by [\*\*CLICKING BELOW.\*\*](#)

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**VAC DISABILITY PENSION APPLICATION PROCEDURES:**



The following information bulletin was received from RCMPVA National Office:

Dear Members of the Association,

There is currently work being done on our Guide to Health Benefits and Services (formerly the Advocates Manual) by Lethbridge Division Secretary, Mike Duffy in conjunction with Chief Advocate, Ruby Burns.

As a bit of a teaser to the revised guide we have been provided with a "cheat" sheet by Sgt. Kim Hendricken that provides some basic requirements for obtaining VAC assistance.

It will give you a bullet-style information guide prior to the publication of the larger document by Secretary Duffy. It will be handy as a quick reference sheet.

The "cheat sheet" follows.

James Forrest,  
Director of Communications

*VAC (Veterans Affairs Canada) Disability Pension Application Procedures You must have a medical diagnosis of a disability condition and you must show how your service in the RCMP caused, aggravated, or contributed to your disability.*

*Create a My Vac Account. All serving or released Regular and Civilian Members are encouraged to create a MY VAC ACCOUNT. (Google it) Within your My Vac Account, go to Forms and complete and submit the Application for Disability Benefits (PEN923AP) online through this account. VAC will send you a medical questionnaire, instructions on where your doctor should send the completed questionnaire, and fee payment details for completing the questionnaire.*

*If you need help with completing your application, you can contact your local RCMP Vets Association Advocate, Legion Service Officer, or a Disability Benefits Officer at VAC at 866-522-2122 (eng) 866-522-2022 (fre).*

*If you want to add additional pages to your application, you can upload and send them through My Vac Account under Upload Files on the Homepage.*

*If you want to contact VAC about any questions you may have, you can go to Contact VAC and send a secure message through your My Vac Account. The common categories for questions are noted in a drop-down list.*

*Review all of the possible benefits available to you through your benefit browser in My Vac Account.*

*If you want to give VAC consent to speak to your spouse or family member on your behalf, please ensure you complete VAC520 and submit it electronically to VAC through your My Vac Account.*

*Updated 2020-12-07*

**Please also see the “ADVOCACY SUPPORT FOR RCMP VETERANS” which is attached to the email distribution of this newsletter.**

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**TREASURER’S REPORT – DUES 2021:**

**The 2021 Membership Dues are now being accepted.** The yearly dues remain at \$65.00. To date, only 36 members have paid their 2021 dues. Please note that dues paid by new members who applied in the last quarter of 2020 have been allocated to their 2021 dues. There are three options to pay your dues:

1. Interac e-Transfer. Select the account you would like funds transferred from. Fill out the email address for the Vancouver Division which is [rcmpvetsvan@shaw.ca](mailto:rcmpvetsvan@shaw.ca). If your financial institution requires a contact name, use RCMP Vets Vancouver.

2. Mail a cheque (not cash) to:

RCMP Veterans' Association  
Vancouver Division  
Mailstop #1004  
14200 Green Timbers Way  
Surrey, B.C., V3T 6P3

NOTE: All cheques must be made payable to "RCMP Veterans' Association – Vancouver."

3. Pay online on the RCMPVA website by going to: <https://rcmpva.org/> "Log in" and click on "Memberships" and on the far right of the page click on the "Renew" option and pay by credit card.

NOTE: In the past, many members have paid their dues at Division functions, such as luncheons, however because of COVID 19, this is not currently possible. At this time, we would prefer that you use Option 1 or 2 as Option 3 is not fully operational until January 2021 or later. We will notify you once this system has been implemented and tested. If you have any questions about the status of your membership dues or renewal, you can contact our Division Treasurer, Rupert L. Bullock: email: [bullock2@shaw.ca](mailto:bullock2@shaw.ca) or phone: 604-533-5354.

Rupert L. Bullock, Treasurer  
RCMPVA - Vancouver Division

[CLICK HERE - MEMBERSHIP DUES & RENEWAL](#)

### **VANCOUVER DIVISION CHALLENGE COINS:**



At our January meeting the purchase of Challenge Coins for our division was approved. The executive decided that each member of the Vancouver Division would be given a coin at no cost to individual members. The caveat being that the coins would not be mailed out due to the cost involved and that they would be provided to members at General (luncheon) Meetings in order to entice members to attend. Then Covid-19 struck and meetings have been suspended. I volunteered to coordinate the distribution of our coins...why do I do this to myself? I would still like to stick to the plan of handing out the coins at our General Meetings when they

commence. Rules are often broken. I know that we have many members that have belonged to our division for many years but due to their, or their spouse's, health issues are unable to attend our meetings. I would like to be able to give them personally, or by the proxy of a friend, or by mail, their Challenge Coin. If you fall into this category, please let me know how we can get you your Challenge Coin. Challenge Coins have become very collectible. I have received many requests for additional coins so that members can pass them onto friends. If you wish an additional coin the cost is \$20.00 which includes postage.

Questions? I can be contacted at [bootsandspurs65@gmail.com](mailto:bootsandspurs65@gmail.com) or 604-853-5500 (Abbotsford)

Ric Hall

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### **PENSION INDEX RATE - 2021:**

The indexing rate for 2021 is 1.0%.

The indexing of public service pension plan benefits is governed by two pieces of legislation; the *Public Service Superannuation Act (PSSA)* and the *Supplementary Retirement Benefits Act (SRBA)*.

[CLICK HERE](#) for a detailed explanation of the method used to calculate the indexing rate.

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### **FRANK'S FACTS AND FUNNIES:**

Many of our members receive Frank Richter's informative newsletter, "Frank's Facts and Funnies".

***Update:*** As some of you know I experienced computer problems in early November which ultimately ended up **deleting my entire Address Book**. I would like to express my sincere appreciation for your support. I currently have 150 FFF readers on my new distribution list which is a very good start. I will be asking our readers to let me know if they also wish to continue to receive the FFF newsletter. **All you need to do is to send me an email at [frank.richter@shaw.ca](mailto:frank.richter@shaw.ca)** and I will put you on my new distribution list.

Thanks again.

Cheers.

Frank

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### **LADIES' AUXILIARY REPORT:**



Because we are still in the Pandemic mode, there has been little activity within the Ladies Auxiliary to report. We hope that all are keeping well, staying close to home, and following Dr. Henry's orders regarding masking, distancing, and staying active and healthy.

**Ladies Auxiliary Luncheon/Meetings, 2020 & 2021:** Our Ladies Auxiliary has been in contact with the catering staff at "Hazelmere" and they have graciously allowed the Ladies Auxiliary (and the Vancouver Veterans' Association) to carry over our contracted meetings with them (at no cost) until such time in 2021 when we can again meet safely and hold our events. Even though we had signed a contract with "Hazelmere" for a set number of meetings/events for 2020, they have excused those that we could not fulfil. We are thankful for the good relationship that our Association has with "Hazelmere."

**Ladies Auxiliary 2-Year Executive Elections, November 2020:** Due to the present COVID-19 situation, and with no meetings being held, it has been decided by our Executive to hold all elections over until we are safely able to meet in 2021, thereby keeping the current Executive positions in place until then. It would have been almost impossible to contact and tally votes from all of our members in order to have an election, especially since we did not have any new candidates to offer their services. Thankfully, no TRUMP interference!!

**Ladies Auxiliary Annual Christmas Luncheon:** Needless to say, we will not be holding our Annual Christmas Luncheon in December, nor will the Vancouver Veterans' Association be holding their annual Christmas Levee. Hopefully, 2021 will see us back on schedule!!

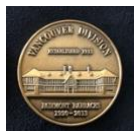
**Phone Contact Change:** Recently, I (Dorothy) have been having problems with nuisance calls, etc. and we have taken the answering machine off of our telephone number (604) 261-4630, and only answer calls that show a personal or business name. Therefore, if your name does not show when phoning, please contact our Ladies Auxiliary President, Denise Martinson, at (604) 910-1186, and she will take a message for me.

*CHRISTMAS GREETINGS TO ALL OF OUR MEMBERS & THEIR FAMILIES, AND WISHES FOR A HAPPIER, MORE ACTIVE, AND HEALTHIER 2021!!*

Dorothy Martinson, Past President  
R.C.M.P. Veterans' Ladies Auxiliary  
(Vancouver Division)  
[demartinson@shaw.ca](mailto:demartinson@shaw.ca)

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### **NEW MEMBERS – VANCOUVER DIVISION:**



Vancouver Division would like to welcome the following new members to the RCMP Veterans' Association.

28711	Louis Laframboise
35553	Walter Duperon
43169	Karol Rehdner
35928	Dave Jones

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## VANCOUVER DIVISION SERVICE BAR ELIGIBILITY - as at 2020-01-01:



Several members of Vancouver Division have been awarded service pins / bars and many more are eligible to receive these awards. If you have been a member in good standing of RCMPVA Vancouver Division for ten or more years, please [CLICK HERE](#) to access the September 2020 Newsletter to confirm that you are

listed as an eligible recipient.

If you are eligible and would like to receive the award, please contact Membership Director Ray Power ([rayjpower@yahoo.com](mailto:rayjpower@yahoo.com)) for further details.

Service Bars awarded since the November newsletter:

30 Year	22785	Keith Shotbolt
25 Year	18475	William Craig
20 Year	AF1936 23583	Jean Donnachie Daryl Singer
10 Year	24063	Bryan Whitta

## LAST POST:



The following members who were listed as having served in "E" Division or as serving members have passed away since the publication of our last newsletter. Information is provided to our Division from HQ and other sources and may not be received in a timely manner. For the full list of Last Post, please click [HERE](#):

## LAST POST

Reg Number	Name	Rank (Ret'd)	Date Passed
33729	McLEOD, Roy A.	Cst.	2020-11-21
18144 / O.1060	RIVERS, Robert William	Insp.	2020-09-07
32586	MAHEUX, Joseph "John" Albert	Cpl.	2020-11-26
18160	MILLHOUSE, Alvin Thomas	Sgt.	2020-11-19
20898	BASKIER, Donald Joseph Murray	Sgt.	2020-11-26
19338	ZAHARIA, Fred Ernie	S/Sgt.	2020-11-23
R02105	HILL, Bert	S/Cst.	2020-11-17

24334	OSTAFICIUK, William George	S/Sgt.	2020-11-28
26688	BROWNELL, Lane	Sgt.	2020-12-06
41672	STUTT, Dale Edwin	Cpl.	2020-10-21
28196	HOFMANN, John Martin	Sgt.	2020-12-06

Fred Zaharia and Lane Brownell were members of Vancouver Division.

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**NCOs MESS – AGM:**

Laurier Cadieux, our Vancouver Division Mess Liaison provided a copy of the minutes from the 2020 AGM held via Zoom on October 15, 2020. A copy of the minutes is attached to the email distribution.

The new Executive was elected at this meeting:

Shahzad Khan	President
Ranjeet Seerha	Vice President
Dustin Young	Treasurer
Nancy Joyce	Gifting
Shane Brown	Social Convenor/Bar Steward

Congratulations to the incoming Mess Executive with thanks to the outgoing Executive.

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**ALBERTA POLICING SURVEY:**

The weblink below was forwarded by the National office. This survey regarding satisfaction with policing is intended for residents of Alberta to determine if the RCMP should be replaced.

Association members are encouraged to forward the forms to all their friends and adult family members who reside in Alberta. [CLICK HERE](#) to access the survey form.

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**RCMP VETERANS IDENTIFICATION CARDS:**

As you may be aware, RCMP ID coordinators in the divisions are no longer processing these cards and National Compensation is currently reviewing the national rollout of this program to determine the most efficient process for distributing identification cards to former employees.

As you can appreciate, it will take some time to identify all those who are eligible to receive a retirement ID card. To aid in this process could you please provide the following information:

Your name:  
Rank at retirement:  
Division at retirement:  
Years of Service:  
Date of Discharge:  
Regimental number/HRMIS number:  
Contact info: (email address and home address)

Additional information pertaining to the process for receiving your card will follow in the coming months.

Thank you for your patience.  
RCMP Member Benefits Unit  
[RCMP.RetiredID-IDRetraite.GRC@rcmp-grc.gc.ca](mailto:RCMP.RetiredID-IDRetraite.GRC@rcmp-grc.gc.ca)

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### **RCMP VETERANS BADGE:**



Vancouver Division receives numerous inquiries about the availability of a "Veteran" badge. This badge is sold exclusively by the RCMPVA Quebec Division and further details on how to acquire one are available on their website.

Click [HERE](#) for further details and purchase information:

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### **CANADIAN FORCES MORALE AND WELFARE SERVICES:**



Active and retired members of the RCMP are eligible to apply for the CFOne card. There are a number of services, rewards and discounts available to former members of the Force through this program. Attached is the link to apply for a CFOne card.

[CFONE Card Application](#)

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### **ROYAL CANADIAN LEGION:**



The Royal Canadian Legion offers currently serving and retired Canadian Armed Forces and RCMP members a free, one-year membership to welcome them to the Legion!

Your support helps the Legion make a difference for Veterans and their families in need, and helps ensure Canada 'never forgets'.

If you are not a yet member, join online through the Veteran Welcome Program and get to know your Legion.

**JOIN ONLINE TODAY**

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### **NATIONAL ASSOCIATION OF FEDERAL RETIREES:**



National Association  
of Federal Retirees    Association nationale  
des retraités fédéraux

The National Association of Federal Retirees (Federal Retirees) is the largest national advocacy organization representing active and retired members of the federal public service, Canadian Armed Forces, Royal Canadian Mounted Police (RCMP) and retired federally appointed judges, as well as their partners and survivors. The site contains a great deal of information that you may find useful. [CLICK HERE](#) to access the NAFR website.

A newly released "**You and Your Survivors Guide**" has been published by the National Association of Federal Retirees in partnership with Arbor Memorial Services.

The book is 58 pages. By [CLICKING HERE](#) you will be taken directly to the "document and workbook". Once completed, you may wish to have it printed in order to have a hard copy of the document for your records.

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### **VETERANS AFFAIRS CANADA:**



Veterans Affairs  
Canada

Anciens Combattants  
Canada

The attached link may be of some assistance to members who are submitting claims to VAC. It would appear that this booklet was compiled by an independent body in 2017, however, there are links to the current VAC website. This information is being provided for your information only and the accuracy of the information posted therein has not been verified.

<https://www.multibriefs.com/briefs/rcaa/vacdisabilityawards.pdf>

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### **UPDATES TO BOOKLETS AND GUIDES:**



The RCMP Veterans' Association has now published the 2020 edition of the "**National Survivor's and Executor's Guide**" which can be accessed on the National website. [CLICK HERE - SURVIVORS & EXECUTORS GUIDEBOOK.](#)

Please feel free to share this and other pertinent documents with all former and retired members of the Force.

**This Information should be Shared and Retained by Family Members prior to the illness or passing of a Serving or Former Member of the RCMP.**

### **SOURCES OF INFORMATION AND IMPORTANT PHONE NUMBERS:**

Below is a list of the many frequently used services for veterans. For a more complete list of links, please visit the RCMPVA National website by [CLICKING HERE.](#)

#### **Morneau Shepel (RCMP insurance plan)**

RCM Police Group Life, Accidental Death and Dismemberment Plans  
C/O Morneau Shepel 1060 University Street  
9th Floor, Montreal, Quebec H3B 4V3,  
Telephone: 1-800-661-7595 - 7:30 a.m. to 7: p.m. (ET) Monday to Friday,  
Fax: 1-514-395-7404 [www.pbs-sra.ca](http://www.pbs-sra.ca)

#### **Public Works and Government Services Canada (RCMP work pension)**

Government of Canada Pension Centre – Mail Facility PO Box 8500 Matane QC G4W 0E2  
**Telephone:** Toll Free: 1-855-502-7090

Note - for Executive Services use: 1-855-502-7088 (C/Supt, EX-01 and above).  
Monday to Friday: 8:00a.m. to 4:00 p.m. (your local time)  
Outside Canada and the United States: 506-533-5800 (collect call accepted).  
Monday to Friday: 8:00a.m. to 5:00p.m. (Atlantic Time)  
Telephone Teletype (TTY) 506-533-5990 (collect call accepted).  
Monday to Friday: 8:00a.m. to 5:00 p.m. (Atlantic Time)  
Email: [pensioncentrercmp.centredespensionsgrc@pwgsc-tpsgc.gc.ca](mailto:pensioncentrercmp.centredespensionsgrc@pwgsc-tpsgc.gc.ca)  
Website: [www.rcmp.pension.gc.ca](http://www.rcmp.pension.gc.ca) The RCMP Pension and Benefits Web site, hosted by PWGSC, has detailed information on all aspects of pension administration.

#### **Service Canada - CPP and OAS benefits**

[www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)

Note: If there is any doubt about the eligibility for this or any Federal pension call: 1- 800- 277- 9914.

#### **Veterans Affairs Canada (VAC Disability Pensions)**

Veterans Affairs Canada, PO Box 7700, Charlottetown, PEI, C1A 8M9  
1-866-522-2122 [www.vac-acc.gc.ca](http://www.vac-acc.gc.ca)  
<http://www.vac-acc.gc.ca/providers/sub.cfm?source=salute/july2004/fund>

## **Supporting Veterans in Need - 24/7 counselling services –**

Veterans and their immediate families can access free, short-term, confidential and professional counselling services. If you are experiencing work-related issues family or marital problems, or high levels of stress or anxiety, call 24/7 Veterans Affairs Canada Assistance Services at **1-800-268-7708**.

## **Public Service Health Care Plan**

<http://www.pshcp.ca/#>

## **Medoc Travel Insurance**

<https://www.federalretirees.ca/en/my-health/insurance/medoc-travel-insurance>

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## **VANCOUVER DIVISION EXECUTIVE – 2020**

<b>President</b>	Robert R. “Bob” UNDERHILL	<a href="mailto:runder@telus.net">runder@telus.net</a>
<b>Past President</b>	Donna I. MORSE	<a href="mailto:donna.morse@shaw.ca">donna.morse@shaw.ca</a>
<b>Vice-President</b>	Gordon CAVE	<a href="mailto:jag140@telus.net">jag140@telus.net</a>
<b>Treasurer</b>	Rupert L. BULLOCK	<a href="mailto:bullock2@shaw.ca">bullock2@shaw.ca</a>
<b>Secretary</b>	Ron MORSE	<a href="mailto:rcmpvancouver@gmail.com">rcmpvancouver@gmail.com</a>

### **DIRECTORS:**

<b>Strategic Planning</b>	Eric ROSS	<a href="mailto:evross@telus.net">evross@telus.net</a>
<b>Ceremonies &amp; Memorabilia</b>	Gord CAVE ( <i>Interim</i> )	<a href="mailto:jag140@telus.net">jag140@telus.net</a>
<b>Health, Welfare Advocacy</b>	John SHERSTONE	<a href="mailto:sherst01@telus.net">sherst01@telus.net</a>
<b>Membership</b>	Ray POWER	<a href="mailto:rayjpower@yahoo.com">rayjpower@yahoo.com</a>
<b>Liaison to The Force</b>	Ric HALL	<a href="mailto:rshall69@shaw.ca">rshall69@shaw.ca</a>
<b>Social</b>	Dorothy A. MARTINSON	<a href="mailto:demartinson@shaw.ca">demartinson@shaw.ca</a>

### **Presidential Appointments & Governors:**

<http://www.rcmpveteransvancouver.com/about/executive/>

The new Executive for the 2021 term will take office on January 1, 2021:

## **VANCOUVER DIVISION EXECUTIVE - 2021:**

<b>President</b>	Gordon CAVE	<a href="mailto:jag140@telus.net">jag140@telus.net</a>
<b>Past-President</b>	Robert R. “Bob” UNDERHILL	<a href="mailto:runder@telus.net">runder@telus.net</a>
<b>Vice-President</b>	Ron MORSE	<a href="mailto:rimorse021@gmail.com">rimorse021@gmail.com</a>
<b>Treasurer</b>	Rupert L. BULLOCK	<a href="mailto:bullock2@shaw.ca">bullock2@shaw.ca</a>
<b>Secretary</b>	Karen Frost	<a href="mailto:kosovok2002@yahoo.ca">kosovok2002@yahoo.ca</a>

DIRECTORS:

Strategic Planning	Eric ROSS	<a href="mailto:evross@telus.net">evross@telus.net</a>
Ceremonies & Memorabilia	Gord CAVE ( <i>Interim</i> )	<a href="mailto:jag140@telus.net">jag140@telus.net</a>
Health, Welfare Advocacy	John SHERSTONE	<a href="mailto:sherst01@telus.net">sherst01@telus.net</a>
Membership	Ray POWER	<a href="mailto:rayjpower@yahoo.com">rayjpower@yahoo.com</a>
Liaison to The Force	Ric HALL	<a href="mailto:rshall69@shaw.ca">rshall69@shaw.ca</a>
Social	Dorothy A. MARTINSON	<a href="mailto:demartinson@shaw.ca">demartinson@shaw.ca</a>

The position of Director Ceremonies and Memorabilia remains vacant for the 2020-2021 term. If you are interested in volunteering for this position, please contact our soon to be Past President, Bob Underhill for further information.

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**STAY HEALTHY, STAY SAFE AND STAY IN TOUCH:**

Just a reminder that the print edition of Scarlet & Gold is no longer being published. To stay up to date, please visit our Division website.

**VANCOUVER DIVISION WEBSITE:**      <http://www.rcmpveteransvancouver.com/>

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Email Address



**Ron Morse, Secretary**

RCMP Veterans' Association - Vancouver Division

Mailstop #1004

14200 Green Timbers Way

Surrey, B.C. V3T 6P3

Website: [www.rcmpveteransvancouver.com](http://www.rcmpveteransvancouver.com)

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